

MEDICAL
FOUNDATION OF
NASHVILLE

ANNUAL REPORT 2023

FROM OUR CEO

Each year since our founding in 2018, the Medical Foundation of Nashville has faced new challenges and opportunities in our service of the community. I am delighted that growth was one of the opportunities and challenges we faced in 2023! Project Access Nashville Specialty Care will be continuing to expand services and access in 2024, with the help and support of our partners and volunteers. It is those partners and volunteer physician specialists who make our work possible. PANSC doesn't provide the donated care, the partners and volunteers do, with the support of our team. PANSC verifies patient need and eligibility, supports the patient in attending the healthcare appointment and in following the instructions from the physicians.

With community resource partners, PANSC care coordinators can also support social determinants of health for patients, including food insecurity, transportation needs, prescription assistance, and more. PANSC was founded by the Nashville Academy of Medicine because physicians saw a need for charitable healthcare for those who needed a safety net in Davidson County. But the need in our community is not bound by county lines. Since 2018, we have been expanding, and we now serve patients from 36 counties in Middle Tennessee. While the service area has changed, the need for physician volunteers has not. Our team would love to speak with any specialty physician in Middle Tennessee about the possibility of volunteering with PANSC. All it takes is a willingness to take on a few charitable patients a year (or more), and we'll help with the rest!

We're also looking for new opportunities and partners in 2024, particularly as we approach PANSC's 20th anniversary in 2025. If you're interested in our work, please reach out to learn about ways you can join in our efforts to improve the health of our community!

Rebecca Leslie, MBA
Chief Executive Officer

OUR STORY



2005

Bridges to Care Plus launched in 2005 by the Nashville Academy of Medicine and the Safety Net Consortium of Middle Tennessee to address disparities in access to specialty care for the uninsured.



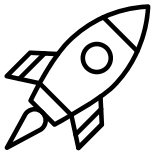
2013

Bridges to Care Plus rebranded as Project Access Nashville Specialty Care to align with statewide and national access to care programs utilizing the same care coordination model.



2015

The Project Access program celebrated 10 years of serving the Nashville area in addressing access to specialty care alongside community partners.



2018

The Medical Foundation of Nashville officially launched as a 501(c)3 to focus on health access, healthy lifestyles, and medical education.



2020

MFN responded to COVID-19 by taking strides to expand access to care throughout Middle Tennessee and expanding resources to address social determinants of health.



2023

MFN launched the PROSPER program to address physician well-being as a joint venture with the Nashville Academy of Medicine.



TODAY

The Medical Foundation of Nashville continues our work across Middle Tennessee. Rooted in the history of our program and our ties to the community, we continue pushing for innovation and collaborative practice. In this annual report, we invite you to explore the milestones, accomplishments, and the collective impact we've achieved in collaboration with our community partners. Your support has been instrumental, and together, we look forward to continuing our journey towards a healthier and more vibrant Nashville and Middle Tennessee.

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MISSION MOMENT

The Medical Foundation of Nashville supports health access through the Project Access Nashville Specialty Care Program. Sophia's story is just one example of how traditional health access and addressing non-medical, health-related needs are supporting patients.

Sophia has a number of health struggles, and she's only in her 50s. She's now unable to work, doesn't drive, and depends upon her daughter, who she lives with. Sophia enrolled with Project Access Nashville Specialty Care in 2021, when she was referred to a cardiologist, but with no insurance and no other options, she needed a way to seek the help her primary care clinic told her she needed. Since then, she's also been referred for three additional specialties, for unrelated needs. Sophia still regularly sees two volunteer physicians who have provided her specialty healthcare, only seeing her other two volunteer physicians for periodic monitoring appointments. Sophia has become close with her care coordinator as they've navigated her health journey together. Because of where her daughter lives, she doesn't have access to public transportation, so when her daughter couldn't take Sophia to an upcoming appointment, she called her care coordinator. Thanks to a grant from The Community Foundation of Middle Tennessee, her care coordinator was able to schedule a rideshare for her to get to her appointment and back home, a small expense, but one Sophia couldn't afford. Sophia was very nervous about using this service, and riding with a stranger, but her care coordinator explained the process and was available to her every step of the way, including when she exited her appointment from a different door than she entered, and needed help navigating to her ride home. Her care coordinator has also helped her to utilize coupons and find the best price for her prescriptions ordered by her PANSC volunteer physician specialists, and she's connected Sophia to community resource partners, including one who gave Sophia new eyeglasses when her prescription changed. Sophia is a model patient, communicating well with her care coordinator about the struggles she has with her health and following the instructions of her PANSC volunteer physicians, so they can address them together.

If you'd like to join us in helping patients like Sophia, read on to see how you can volunteer with the Medical Foundation of Nashville or visit www.nashvillemedicine.org/foundation/volunteer

ADDRESSING HEALTH CARE ACCESS

GROWTH IN CARE DONATED TO OUR PATIENTS. ESTABLISHING A NEW PROGRAM RECORD FOR THE SIXTH CONSECUTIVE YEAR



ADDRESSING SOCIAL DETERMINANTS OF HEALTH

GROWTH IN SERVICES AIMED AT ADDRESSING KEY SOCIAL DETERMINANTS FOR PATIENTS INCLUDING ACCESS TO TRANSPORTATION, HEALTHY FOOD, DME, AND PRESCRIPTIONS



ADDRESSING EQUITABLE SERVICE DELIVERY

GROWTH IN UNIQUE HEALTHCARE DELIVERY SITES WHERE PANSC PATIENTS RECEIVED CARE IN 2023. PANSC PROMOTES ACCESS TO A COMPREHENSIVE NETWORK OF PHYSICIAN AND HOSPITAL PARTNERS.



SUSTAINABLE IMPACT: SINCE 2005

\$66.7M

*VALUE OF DONATED MEDICAL CARE TO OUR PATIENTS SINCE 2005



46,963

THE HISTORICAL NUMBER OF APPOINTMENTS ATTENDED



2,173

THE TOTAL NUMBER OF VOLUNTEER SPECIALISTS DONATING CARE SINCE 2005

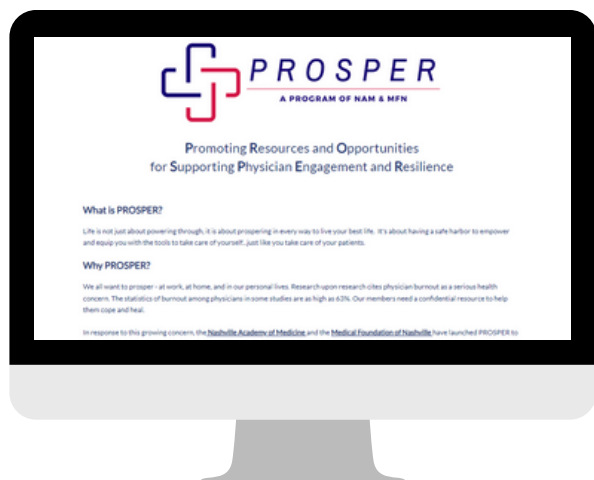
*FINAL YEAR END AUDITED VALUES



2023 AT A GLANCE: PHYSICIAN WELL-BEING

In 2023, the Medical Foundation of Nashville launched the PROSPER program. This program is a joint venture of the Foundation alongside the Nashville Academy of Medicine focused on promoting physician well-being. PROSPER was launched in response to the growing evidence base of increases in reported levels of burnout by physicians throughout the United States.

The main focus of 2023 was launching the program and beginning to establish an online resource center for the program as well as continuing to create opportunities for physicians to gather and engage with one another.



nashvillemedicine.org/prosper/

2023 ACCOMPLISHMENTS



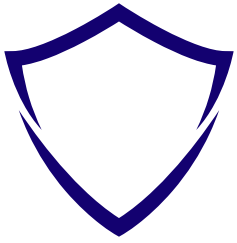
ESTABLISH THE PROGRAM BRAND



CONDUCT A PHYSICIAN SURVEY TO ASSESS BURNOUT



LAUNCH AN ONLINE RESOURCE CENTER



2023 AT A GLANCE: PUBLIC HEALTH EDUCATION



200+

REGIONAL RESOURCE
PARTNERS ADDRESSING
SOCIAL DETERMINANTS



8,665

COMMUNITY RESOURCE
REFERRALS MADE TO
PATIENTS IN 2023

Dedicated to enhancing community well-being, the Medical Foundation of Nashville prioritizes public health education. Through diverse channels such as seminars, flyers, social media, and personalized interactions, we disseminate vital information to physicians, patients, and the wider community. Our commitment to fostering health literacy empowers individuals to make informed decisions, leading to healthier lifestyles and improved overall well-being.

By addressing public health education comprehensively, we contribute to building a community that is not only aware of health issues, but actively engaged in promoting and maintaining their own health. Together, we advocate for a knowledgeable and resilient Nashville and Middle Tennessee.

PHYSICIANS BALL

On October 21, 2023, the Medical Foundation of Nashville hosted the Physicians Ball—a vibrant event uniting the medical community for an evening of fun and fundraising success. This unique occasion offered physicians a relaxed environment to connect, away from the demands of practice, and celebrate our healthcare community. Attendees enjoyed dinner, dancing, a silent auction, and a brief program, contributing to a memorable and supportive gathering for our dedicated professionals.

If you're interested in more information about the 2024 Physicians Ball on Saturday, October 26, please visit www.nashvillemedicine.org/physiciansball.





THANK YOU DONORS

We extend our deepest gratitude to the generous donors who have played a pivotal role in advancing the mission of MFN. Your support has been instrumental in our endeavors, allowing us to achieve significant milestones and make a positive impact. Your belief in our mission empowers us to continue our vital work, creating lasting change in our community. Thank you for your unwavering commitment and for being an integral part of the Medical Foundation of Nashville.

PHYSICIAN PARTNERS

Newton Allen, MD
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Jeanne Ballinger, MD
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Jill Danford, MD
Reid Finlayson, MD

Timothy Livingston, MD
Puthenpurackal Mathew, MD
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Christopher Ott, MD
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Naveen Srinivas, MD
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Robin Williams, MD
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DONORS

Mark Adamiak, DMD and Brittany Adamiak, DDS
Newton Allen, MD and Burkley Allen
Amazon Smile
Ralph Atkinson, MD and Denise Dunco
Jeanne Ballinger, MD
Tyler Barrett, MD
Curtis Baysinger, MD
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Michael Beckham, MD and Brenda Beckham
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David Farnen, DPM
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Justin Graham
Ryan Grippo, MD and Alison Grippo
Kasey and Brian Harstine

DONORS

Hatch Show Print

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Hatef Aesthetics

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Holiday World & Splashin' Safari

Kendra Scott Gives Back

KraftCPAs

Kroger Community Rewards

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Rebecca and Brett Leslie

Karen Lewis, EdD and James Lewis

Elizabeth Livingston and Timothy Livingston, MD

Rich Lyn-Cook, MD and Monica Lopez

Puthenpurackal Mathew, MD

Christin Giordano-McAuliffe, MD and Jacob McAuliffe

Alvin Meyer, MD

Marilynn Michaud, MD

Nashville Children's Theatre

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Jordan Olson

Christopher Ott, MD

Ron Overfield, MD

James Powers, MD and Martha Wettemann, PhD

Barrett Rosen, MD and Carolyn Rosen

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Michael Zanolli, MD and Julie Sandine, Esq

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FOUNDATION PARTNERS

MFN is grateful for our foundation partners' unwavering support. Their belief in our mission has fueled our determination to address community challenges and work towards a brighter future. As we reflect on the past year, we celebrate not only our accomplishments, but also the strength of the partnerships that made it all possible. Thank you to the following partners for being an integral part of our success.



Robert & Anne Zelle Fund
for Health of The Community
Foundation of Middle Tennessee

PHYSICIANS BALL 2023 SPONSORS



Part of the HCA Healthcare Family of Hospitals



a partner of OneOncology

PARTNER WITH MFN IN 2024

Join us in making a difference! Your support is a catalyst for positive change. By becoming a donor, you empower us to tackle pressing challenges and create lasting impact. Together, we can build opportunities for patients in need to receive vital specialty care through Project Access and support the growth of our new physician well-being program, PROSPER. Every contribution, big or small, makes a significant difference in transforming lives and building a better future. Join our community of compassionate donors, and let's make a meaningful impact together.



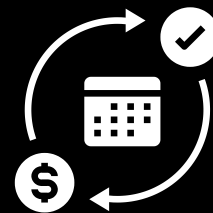
PHYSICIAN PARTNER

HEALING HANDS,
POWERFUL HEARTS: JOIN US
AS A PHYSICIAN PARTNER



SPONSOR & PATRON

SPONSORSHIP THAT
CARES: ELEVATING HEALTH AND
COMMUNITY WELL-BEING TOGETHER



MONTHLY GIVING

SUSTAIN HEALTH,
BE A MONTHLY HERO:
JOIN OUR GIVING COMMUNITY

Visit nashvillemedicine.org/foundation/donate/ to donate today!

EXCITING TIMES AHEAD: UNVEILING OUR NEW IDENTITY

We are thrilled to announce a fresh chapter in the story of the Medical Foundation of Nashville as we unveil our new branding. After thoughtful reflection and strategic planning, we've evolved our visual identity to better align with our core values, mission, and the dynamic nature of our work. The new logo, colors, and overall design embody our commitment to innovation, inclusivity, and the impactful journey ahead. This transformation signifies our growth, adaptability, and dedication to making a positive difference in the lives we touch.

As we embark on this exciting journey, we invite you to explore our reimagined brand and join us in shaping a future where empowering health and well-being is possible. Together, let's embrace change, celebrate progress, and continue making a meaningful impact. Welcome to the refreshed Medical Foundation of Nashville – where our passion for healthcare access, physician well-being, and public health education remains unwavering, and our look reflects the dynamic spirit propelling us forward.



**"Elevating Health,
Empowering Lives:
Unveiling Our New
Website Soon!"**

STAY UP TO DATE IN 2024

SUBSCRIBE



Join our community! Stay informed and inspired by subscribing to receive the latest updates, stories, and insights on health, education, and community initiatives. Together, let's build a healthier future.

Newsletter: <https://bit.ly/MFNenews>

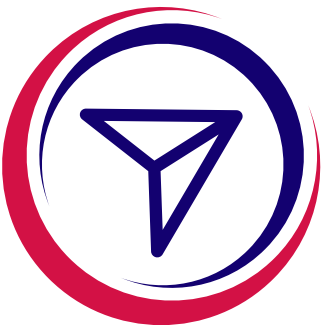
VOLUNTEER



Be a driving force for positive change! Volunteer your time and skills to support our mission. Learn more about becoming a physician volunteer in our PANSC program. Your dedication makes a meaningful impact on the well-being of our community.

Learn more at: nashvillemedicine.org/foundation/volunteer/

SHARE



Spread the word and amplify our impact! Share our mission, initiatives, and success stories with your network. Together, we can reach more individuals, inspire action, and create a ripple effect of positive change.

Follow us on social media at:

 @MEDICALFOUNDATIONNASH  @MEDFOUNDNASH



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CHAMPIONING HEALTH AND WELL-BEING THROUGHOUT MIDDLE TENNESSEE